BLUEBERRIES are the only food that are naturally blue in color. However, inside they are green. Bite into one and check it out!

Blueberries are small and grow on bushes, not trees. They turn green and then red before they turn their dark blue color. Blueberries come from North America and are related to Cranberries. Blueberries were once known as “Star-berries” because of the star shaped “crown” they wear.

Hey, I’m missing my crown. Would you draw one on me, please?
Blueberries are SWEET and EASY to eat. Just pop them in your mouth or try putting them on other foods, like SALADS, CEREAL or PANCAKES!

Blueberries are Good for You!

EAT MORE BLUEBERRIES!

BLUEBERRIES grow in groups and like to be with their friends. Can you help Gary and Larry find Perry?